# Musical Team Building Experience – Half Day Workshop

Song writing team building activity where your team write and record their own original song, focused on your organisation's values

### Who will benefit

This entertaining workshop is suitable for anyone who works in a team. Musical expertise and singing ability is not required. You just need to come along with an open mind and willingness to participate. The workshop is designed to be an enjoyable, motivational, enlightening and truly memorable experience. Just in case you are wondering, you will not be asked to sing on your own.

## **Objectives**

- Enhance and improve communication between your team members and departments
- Encourage a creative approach for finding solutions
- Increase confidence, self-esteem and positive thinking
- Improve individual and team performance
- An opportunity to re-energize team spirit

#### **Session Outline**

The session starts with introductions and a warm-up to energise the mind, body and voice. The team discuss and agree their objectives and then select their backing from tracks especially composed for the Musical Team Building Experience. Genres of music range from Pop, Country, Street Dance, Jazz and Rock.

Using activities specifically designed to promote teamwork and collaboration, participants create a melody and write lyrics for their song. The facilitators are on hand to assist and support the process. The lyric writing provides an opportunity for participants to refresh their understanding of the positive aspects of their organisation; unique selling points often form the basis of the words to the song.

On completion of the song-writing and practice, the team makes a recording of their song. Following the workshop, all participants will receive a copy of the song, so everyone receives a memento of their contribution to the Musical Team Building Experience.

## **Our Professionals**

**Paul Moran** is a musician, composer and arranger with extensive experience in musical theatre. His talent has brought him work with an impressive array of artists such as Van Morrison, George Michael, Pete Townsend, Tony Hadley and Barry Manilow.

**Lynn Andrews** is an inspirational and motivational trainer and coach. With over twenty years experience in people development she provides expertise in communication, interpersonal and team building skills.

# For Further Details

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